

WOMEN'S POST

A close-up photograph of three women smiling. The woman at the top has long dark hair and is wearing a white top. The woman on the left has short blonde hair and is wearing a pink top. The woman at the bottom has blonde hair and is wearing a blue top.

PREVIEW
TORONTO
FASHION WEEK

ENTREPRENEURS
HAVE YOU ANSWERED
THE 4 BRUTAL Q'S?

REVIEW:
THE BOY IN THE MOON

FROM THE WEST SIDE
TO THE EAST COAST

> DIANNE CARMICHAEL
on her career, family, and beating the odds

+ A SANGRIA
RECIPE THAT'LL MAKE
YOUR MOUTH DANCE

AUGUST/SEPTEMBER 2010

PROFILE

DIANNE CARMICHAEL



Meet Dianne Carmichael, President of Best Doctors Canada, mother, daughter, Baby Boomer, and member of the Sandwich Generation.

Dianne has had a high-profile career. She began her marketing and sales career with progressively more senior roles at Procter & Gamble (P&G), RJ Reynolds (Nabisco), and Gillette. She spent 15 years in the financial services sector, first building a top-tier private investment management practice, was then VP at TD Waterhouse, and finally was chairman and CEO of Worldsource Wealth Management. There she oversaw four national operations, three reporting presidents, 1500 investment advisors, and \$5+ billion in assets.

Then, a personal experience profoundly changed her career direction. Today she is president of Best Doctors Canada and head of Global Marketing, sits on the advisory boards of the Canadian Association of People Centred Health (CAPCH), the Academic Research Collaborative (ARC), and York University's Department of Health. She is the expert health columnist at Women's Post.

However, Dianne will tell you that most

important to her, she married her high school sweetheart Colin, is the proud mother of Jason and Amanda, and is Marion Leyland's daughter.

This also firmly wedges her in the middle of what demographers call the Sandwich Generation.

Here is Dianne's story in her own words...

In 2004 my dad was diagnosed with cancer. I'd had a successful career with lots of high-profile business contacts, yet I have never been so totally unprepared for anything in my life. The responsibility for making life-and-death health decisions was overwhelming. I vowed never to be

unprepared again.

During the last three days of Dad's life, I disconnected from the world and sat by his side 24/7 in a small palliative room focusing on his every breath; on the meaning of life; on what's truly important. That's when the epiphany happened.

I didn't want others to feel alone, scared, and unsure the way my dad and I did, or to be tortured with doubts about their health care decisions. I wanted to make a difference in Canadian health care and to champion for patients.

Enter Best Doctors.

I am now president of an organization that empowers people with knowledge and certainty, and I fulfill my vow to make a difference every day.

Best Doctors, a global organization founded by two professors of medicine at Harvard, is a medical consultancy and advocacy firm providing certainty to members facing profound medical crises. It links seriously ill members and their treating physicians with a community of 50,000 peer-nominated, world-renowned specialists in 450 specialty/subspecialties to confirm the right diagnoses and treatment

options, and provides one-on-one personalized support; all without the member having to leave home, the treating physician, or support system. It's available through employee benefits plans, attached to some insurance products, Visa cards, or directly online.

I'm proud of our universal health care system, which provides equal access to every Canadian. But I know, with a growing and ageing population, that our system is overburdened. I worry about my children, my parents, and my husband. I worry about everyone faced with illness.

Last summer we faced another health crisis, this time with my Mom. It reinforced my decision. My mother is an amazing role model. She truly pioneered the way for women in business – a model who rose to become president of Max Factor and later Revlon – all at a time when few women reached the top echelons of the corporate world. She has participated in international think-tanks, advising governments on issues like free trade. She won the cosmetic industry's "Award of Merit" for exemplary contribution to industry and community. She is brilliant, beautiful, and successful. A mentor to my kids, she's the coolest 75-year-old grandmother on the planet. She's our hero. And last year we might have lost her.

After being overcome and hospitalized with severe, blinding abdominal pain and fever, she was faced with one of those life-and-death decisions: "Mrs. Leyland, results are inconclusive. I believe you have cancer. As your gynecological surgeon, I've scheduled urgent surgery to remove your ovaries and bowel. You'll require a permanent colostomy bag and eight weeks recovery. However, the chief of surgery believes you should be released on a 10-day course of antibiotics to 'wait and see.'

Images by Matt Pfaff of Madd Hatterre Photography
 Left: Dianne and her mother Marion
 Below: Dianne's daughter Amanda
 Makeup by: Bianca Perisa Ritacca

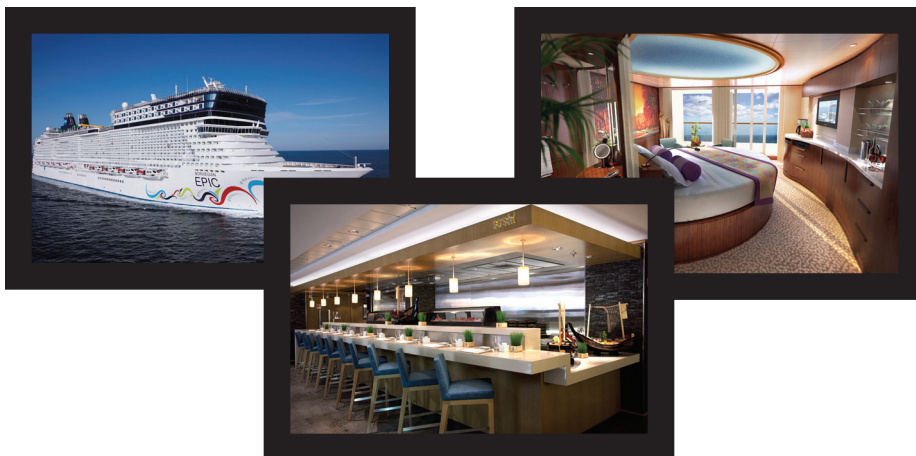
What would you like to do?"

She'd been asked to decide between Door #1 and Door #2. How is a patient equipped to make a decision like that? Enter Best Doctors and Door #3. Mom was treated by one of the top gynecological surgeons in the world, right here in Toronto, with minimally invasive laparoscopic surgery, leaving her bowel intact. Incidentally, had she chosen Door #2 – going home – she might very well not be with us today; necrotizing tissue would rapidly have caused major infection.

My daughter Amanda is a recent McGill graduate beginning her sales career at Xerox. She is focused, driven, and competitive – things honed playing university hockey, and perhaps a little to do with genetics. Coaching – about life and business – will be more important than ever for her future. Thankfully, her grandmother will continue to be a big part of that.



SO EPIC



For over 40 years, Norwegian Cruise Line has been the leader in innovative cruise travel providing guests with some of the most contemporary ships at sea. Particularly, the introduction of freestyle cruising has provided guests with a greater degree of freedom and flexibility when on board one of Norwegian's 11 cruise ships.

Norwegian's latest, the Norwegian Epic, launched mid-July with record breaking sales amidst its inaugural festivities in Europe, New York, and Miami. Upon closer examination of the cruise ship, it is apparent the Epic offers a truly innovative and unique experience.

Built for 4100 passengers and weighing in at 155, 873 gross tonnes, the Epic has been deemed the world's largest floating entertainment venue. Here is a closer look at some of its key features:

ACCOMMODATION:

Accommodations include a variety of suites – from the largest villa suite complex at sea, to studios designed for the solo traveler, to spa suites that offer a complete spa vacation. The ship also includes two private decks at the top of the ship that offer private restaurants, bars, and pools, and family-friendly accommodations.

FAMILY:

The Epic offers a number of family-friendly activities: an aqua park with three multi-story waterslides, six bowling alleys, Nickelodeon at Sea which offers Nickelodeon-themed entertainment and programming, a sports complex,

a rock-climbing wall, and supervised activities when adults need a little getaway.

DINNER:

The Epic includes 20 different dining options inspired by the world's leading culinary destinations. The cruise ship offers an upscale steakhouse, authentic Teppanyaki, Italian and Chinese fare, sushi, a salad bar, and its signature French restaurant.

ENTERTAINMENT:

The Epic offers world-class entertainment for its guests on board. Norwegian Cruise Line is the official cruise line of Blue Man Group, best known for their theatrical shows that combine music, comedy, and theatrics. For the first time, Blue Man Group performs their act at sea aboard the Epic. The ship also features Cirque Dreams & Dinner, an interactive theatrical dining experience with music and mayhem, and is the official cruise line of Legends in Concert, The Second City Comedy Troupe, and Howl at the Moon Dueling Pianos.

The ship's nightlife includes SVEDKA, one of only 14 ice bars in the world and the first ice bar at sea, along with Spice H2O, an Ibiza-inspired beach club. Throw in a full-action casino with a high-roller ambience, and the Epic is sure to offer something for everyone.

The Norwegian Epic recently sailed her first Eastern Caribbean cruise, which departed from Miami and includes stops in St. Thomas, St. Maarten and Nassau, Bahamas.

To book a cruise, or to find out more information on Norwegian Epic, visit www.rosedalecruiseshipcenters.com.

Written By Murtaza Adamjee